

### Citation Katrina Embling

This person has been nominated for setting up a community group in the Town which helps many people to have relaxed and informal evenings together. The group started as a get together for Ladies to have a chat every other Tuesday but this soon grew to meeting four times a week, depending on what projects are being carried out at the weekly workshops and also Monday mornings when ladies bring in their current projects.

The group is called "Knit and natter" where a group of ladies get together to sit with their knitting, crocheting, or sewing and just natter to like minded Ladies and drink a lake of tea and eat their weight in Biscuits, but this is not their prime function, The group takes part in exhibitions, and projects. Everything is kept very light hearted but also offering support where needed. They always make new members very welcome.

This lady is also forging ahead with projects and organising trips out and workshops for the group. All the ladies involved are very active and supportive and help steer the group.

Just some Quotes form nominees and members of knit and natter:

"I have been so inspired since I have been going to knit and natter and living on my own when I came to Hatherleigh; this has really made a difference to my life."

"Knit and natter is a wonderful friendly group welcoming and informal a great way to make friends and pass on and learn skills which would otherwise be lost to future generations."

"Knit and natter is a very friendly local group for all ages. With no rules just a relaxed atmosphere to natter and craft."

The award for the Outstanding Adult Community Award is Katrina Embling.

**Unfortunately due to prior commitments Katrina cannot be with us tonight so please welcome a member from her group to receive this Award.**